

Sacramento Waldorf School - Art of Teaching - Grade 1

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
8:00 AM - 8:50 AM Morning Community Activities	Singing & Movement	Singing & Movement	Singing & Movement	Singing & Movement	Singing & Movement	
9:00 AM - 10:30 AM Session 1	Arc of the Curriculum	Literacy	Literacy	Literacy	Literacy	
10:30 AM - 10:55 AM	Morning Break					
11:00 AM - 12:30 PM Session 2	Literacy	Math	Main Lesson Themes	Math	Closing Activity	
12:30 PM - 1:25 PM	Lunch					
1:30 PM - 3:00 PM Session 3	Speech	Singing Games	Art	Chalkboard Drawing	Friday End at 12:30 PM Travel Home Time	
3:00 PM - 3:25 PM	Afternoon Break					
3:30 PM - 5:00 PM Session 4	Form Drawing	Creating a Class Community	Speech	Singing Games		
5:00 PM - 7:00 PM	Break and Dinner					
7:00 PM - 8:30 PM Evening Session	Making Space for Grief in Our Classrooms	Path of the Teacher	Folk Dancing	Free Evening		